# Project Piti Pami

#### **EDUCATION • ADVOCACY • SERVICE** February 2018

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## Sak pasé? (what's happening?)

Twelve Project Piti Pami members ended 2017 with a bang! From December 25 thru December 31 a team of directors, committee members, and volunteers traveled to Croix Des Bouquets, Haiti. The team aimed to learn more about healthcare successes and challenges in Haiti, culture and lifestyle, history, as well as begin to develop relationships with various Haitian contacts.

My time in Haiti really helped open my eyes to see the healthcare needs as we traveled with the clinics, and the immense beauty and resiliency of the countryside and people. Working with the doctors, nurses, and others living in Haiti also gave me a taste of the kind of difference 3P can make. Make sure to visit **3pHaiti.org/media** to watch a video about the trip. I am excited to see what's next for the nonprofit, and to continue supporting the mission of 3P.

Sam N, Volunteer

While there, the group toured a museum dedicated to the history of Haiti, swam in the ocean (and took a Haitian friend swimming for the first time!), participated in the weekly local health clinic organized by the Haiti Medical Project, and hosted a mobile health clinic for 70+ students at a school deep in the mountains as a part of the School Nurse Project (also organized by the Haiti Medical Project). In addition, the team got to spend time learning Haitian Creole and getting to know a number of local Haitian folks associated with the Church of the Brethren in Haiti, the Haiti Medical Project, and the Brethren Disaster Ministries.

I left Haiti feeling so grateful for 3P as an organization, and so excited for the future and all that's to come! Reflecting on our trip, I loved getting to see so much of Haiti, interact with the local people, and see in "real life" the potential roles that 3P can play to help promote sustainable health. Spending the week getting to know our team and learning more about the genuine, innovative, passionate people they are was such a gift, as well! Following our trip, I feel more confident than ever that 3P will do big things, and I can't wait to be a part of it! Tori B, Volunteer Director

During their stay, the team stayed at the Church of the Brethren Guesthouse. The hospitality was wonderful and the entire 3P team is extremely grateful for everything! Thanks again to all of the folks who played a role in hosting us - your hard work did not go unnoticed!

The Haitian people are so full of hope and life. They're not defeated. Their spirits simply refuse to be crushed.

Owen T, Volunteer

#### Many, Many Thanks!

As the new year begins, the Project Piti Pami directors, committee members, and volunteers want to pass along a message of gratitude. We are grateful beyond words at the love and support we have received from you, the community. Project Piti Pami wants to thank all who have donated time and money, prayed, talked with us, spread our mission, and joined us this year in some way!

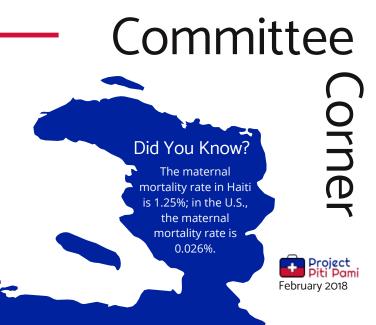
#### CE&D

The community education & development committee continues to learn about what types of health education are already in place and what may be lacking in the Haitian communities as well as what kind of role 3P might be able to play in this area. The group is brainstorming and preparing some materials that may be delivered and presented as early as the March trip.

Also in preparation for the March trip the CD&E committee is hosting a medical supplies drive! All of the following items would be greatly appreciated in any amount:

- Empty medication bottles (labels removed)
- Travel-size liquid bottles
- Tongue depressors
- Latex gloves
- Hand sanitizer
- Medical pen-lights
- Thermometers with covers
- Saline eye drops
- First aid kits
- Automatic blood pressure cuffs
- Toothbrushes
- Toothpaste
- Dental floss
- Reusable menstrual pads/products
- Fingernail clippers
- Tweezers
- Disinfectant wipes
- Small dark hand towels
- Clean socks (kids and adult sizes)
- Safety pins
- Pocket-sized combs
- Tissues/wet-wipes

We will be accepting these items until Thursday March 1st! Please get in touch with any member of 3P if you have items to donate and we will make sure they make it to Haiti.



#### The Haiti Medical Project

Leadership of the Haiti Medical Project recently traveled to Haiti - visiting 11 communities with active projects, 4 of which were on the northern coast. They will be adding 2 more maternal care nurses to their Mothers Clubs programs, which provide health and nutrition education for mothers. They will soon be expanding their community health projects to include the southern peninsula. They currently have 3 clean water facilities under construction, with 2 more to begin as they have received sufficient funding (they cost \$10,000 each), and have a goal to establish 10 more this year!

### Fundraising

The fundraising team has been working on some new ways for you to donate to our organization. Our website **3pHaiti.org** now has a monthly donation option under the "Give" tab. Now you can help support our projects with a one-time donation or by becoming a monthly donor. Our goal is to have 50 monthly donors at \$25/month by the end of 2018! We would love to have your help in reaching this goal. Those who donate at \$25/month will receive a free Project Piti Pami t-shirt for helping support our work in Haiti. On that note: we are making Project Piti Pami t-shirts! Design and price are pending, but stay tuned for information on the Facebook page and website for details.

The fundraising team is looking forward to writing grants, speaking with donors, selling t-shirts and pins, and continuing to build relationships with the local community before our next trip to Haiti in March. We will continue raising money for the Haiti School Nursing Program, Clean Water Treatment System, medication for mobile medical clinics, and the Haitian Health Education Scholarship. On behalf of Project Piti Pami, the fundraising team thanks you for your continued support, both financially and otherwise.

#### Research

While in Haiti in December, the research committee was able to successfully use questionnaires to assess hygiene and risk factors for disease. They did so at the local health clinic organized by the Haiti Medical project and in the Haitian mountains in a town called Savanet.

In 2018 the research committee will be continuing to gain insight into risk factors, health, and disease through the questionnaire. More importantly, committee members are hopeful and excited to work alongside the Haitian physicians and community to learn where more research is needed and to initiate projects as necessary. One such project is the assessment of growth and development of the children of Haiti, both in the city and in the mountain communities.